



PILATES · YOGA

S T A R N B E R G

Alle Veranstaltungen vom 18. - 24.02.2019 auf einen Blick.

Montag:

19:00 - Pilates (Andrea) *-*
20:15 - Vinyasa Yoga 2 (Michi)**-*

Dienstag:

09:00 - Pilates (Uli) *-*
17:45 - Barre Pilates (Viktoria)**-
19:00 - Pilates (Viktoria) *-*
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19:00 - Pilates (Viktoria) *-*
20:15 - Vinyasa Yoga 1-2 (Julia)*-*

Mittwoch:

19:00 - Pilates (Conny) *-*
20:15 - Yin Yoga (Marion)*-
20:15 - Yin Yoga (Marion)*-*

Donnerstag:

09:00 - Pilates (Andrea) *-*
18:30 - Vinyasa Yoga 1-2 (Gabi)*-
20:15 - Pilates (Sigi) *-*

Freitag:

08:30 - Vinyasa Yoga 1-2 (Steff) *-
10:15 - All in one (Steff)*-*

Samstag:

10:00 - Pilates (Conny) *-*

Sonntag:

10:00 - Vinyasa Yoga 1-2 (Alena)*-*